

**GUARANTEED  
LOW PRICES  
ON HEATING OIL.**

**Zip**ENERGY.CA

The world's largest global newspaper

**metro**



HALIFAX • MONDAY, MARCH 14, 2010

metronews.ca

**Drowning  
in Debt?  
Reach Out!**



**WBI**  
INCORPORATED  
TRUSTEE IN BANKRUPTCY

902 482 2000  
4debtrelief.com

## Military police officer facing assault charge

**CHARGES** A Canadian Forces military police officer is facing a charge of aggravated assault following an early morning altercation yesterday near the corner of Blowers and Market streets in downtown Halifax that sent another man to hospital with a head injury.

Halifax Regional Police say Christopher Michael Vining, 23, has been released and will appear in court at a later date.

Police allege Vining and another man were involved in a fight at 2:40 a.m. yesterday near Pizza Corner, with the victim being taken to hospital for treatment of a head injury. Vining was taken into police custody and charged yesterday afternoon.

METRO HALIFAX

## News on the Move

**What's this barcode for?**

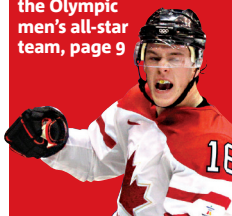
Learn how to scan the barcode with the instructions at the top of pg 2



## Vancouver Games

Metro brings you coverage of the final day of the 2010 Winter Olympics in Vancouver.

• Today — Canadian forward Jonathan Toews and defenceman Shea Weber were named to the Olympic men's all-star team, page 9



## On the web

Visit [metronews.ca](http://metronews.ca) for news updates



BRUCE BENNETT/GETTY IMAGES

# Canada's golden boy

Crosby pots OT game-winner as Canada sets Games gold record

**Team Canada is back on top of the hockey world. The team capped off the best ever Winter Olympic performance by any country in terms of gold medals, winning No. 14 in a thrilling 3-2 overtime victory against the United States yesterday.**

Cole Harbour's Sidney Crosby scored through Ryan Miller's legs 7:40 into OT to decide the last medal of the Vancouver Olympics and send millions of Canadians into ecstasy.

"It doesn't feel real right now," Crosby said. "It's like a dream. Just feels like a dream."

"Our team worked unbelievably hard and today was really tough, especially when they got the goal in regulation."

It was a remarkable comeback for Canada after a deflating tying goal by U.S. winger Zach Parise, who sent the game into overtime when he stuffed in a rebound from in close off a Patrick Kane shot

with 24.4 seconds left.

The 14th gold broke the record Canada shared with the Soviet Union (1976) and Norway (2002) for most top-podium finishes at a Winter Games.

Canada's seven silver and five bronze gave the country a total of 26, beating by two its previous Winter Games record set in Turin in 2006.

While the men's hockey team was a major story at the Games, an athlete who became the sentimental favourite of millions of Canadians was chosen to carry the host country's flag into last night's closing ceremonies.

Figure skater Joannie Rochette won a bronze medal less than a week after her mom, Therese, died of a heart attack hours after flying to Vancouver for the Games. Canadian chef de mission Nathalie Lambert said Rochette was selected for her grace and courage under pressure.

THE CANADIAN PRESS

Cole Harbour native Sidney Crosby waves the Canadian flag following Team Canada's 3-2 overtime victory in the men's gold-medal hockey game against the U.S. at the Vancouver 2010 Winter Olympics at Canada Hockey Place yesterday.

## Halifax celebrates Sid's victory

• Sidney Crosby has given hometown fans many reasons to cheer. But yesterday's heroics by the Cole Harbour superstar no doubt blows the roof off other magical moments.

From downtown Halifax streets packed with celebratory fans, to people belting out our national anthem in local drinking establishments, Haligonians were a proud lot last night — made even more so with the fact it was Sid The Kid himself who scored the

golden goal for Canada in its win over the United States.

"We went wild," admitted waitress Michelle Carbotte, who watched with about 300 patrons at the Big League's sports bar in Cole Harbour.

Even Premier Darrell Dexter offered congratulations to Crosby.

"I want to congratulate Sidney once again for making Nova Scotia, and indeed Canada, proud," he said in a release.

PHILIP CROUCHER/METRO HALIFAX



## TRADESMAN WINDOW LIQUIDATION

- Solid vinyl
- Thermo sealed panes
- Screens included
- 82 sizes in stock

ie: 24"x36" Single Hung  
(#20302900) **\$129.00**  
48"x24" Single Hung  
(#40202802) **\$169.00**

**Extra 20% off**  
ALL IN-STOCK WINDOWS  
Until March 31st or while supplies last

**SALE CONTINUES  
UNTIL ALL THE  
UNITS ARE SOLD!**

VISIT OUR WEBSITE TO SEE THE  
OTHER 80 IN STOCK SIZES

Available only at **LUMBER MART** HALIFAX DARTMOUTH or [www.lumbermart.ca](http://www.lumbermart.ca)

Atlantic Free Daily Newspapers Inc., operating as Metro Halifax 3260 Barrington Street, Suite 102, Halifax, Nova Scotia B3K 0B5. Publisher: Greg Lutes





1 DOWNLOAD THE FREE SCANLIFE APPLICATION WITH YOUR SMARTPHONE AT 2DSCAN.COM

2 USE THE SCANLIFE APPLICATION ON YOUR SMARTPHONE TO SCAN 2D BARCODES IN METRO

3 THE CODES WILL DIRECT YOUR MOBILE BROWSER TO RELEVANT CONTENT AT M.METRONEWS.CA

# Local

## fantastic CITY

Become a Facebook fan for a chance to win airfare to any Metro city in Canada

Look what city is leading now...

HALIFAX FANS	OTTAWA FANS	TORONTO FANS	CALGARY FANS	EDMONTON FANS	VANCOUVER FANS
721	336	833	350	219	429

\*Total number of fans as of 5:30 PM yesterday. Numbers shown are based on specified criteria. Become a FAN at facebook.com/metrohalifax

### Halifax returning home from Haiti

**NAVY** HMCS Halifax is scheduled to return to its namesake port tomorrow morning after a humanitarian mission to Haiti. Halifax and her crew of 225 members are scheduled to arrive at HMC Dockyard at 10 a.m. The navy frigate and its 225 crew members were deployed to Jacmel for six weeks after the island nation was rocked by a deadly earthquake last month. The Canadian military deployed two of its Halifax-based ships to Haiti in the quake's aftermath, HMCS Halifax and the destroyer HMCS Athabaskan. Canadian troops, whose numbers peaked at about 2,000, have begun a staged withdrawal from Haiti.

THE CANADIAN PRESS



A RCMP cruiser passes by a sign on Sackville Drive yesterday. Regional council is discussing the issue of replacing the RCMP with the Halifax Regional Police force in areas such as Sackville and Cole Harbour.

## Handling of policing report 'appalling'

ALEX BOUTILLIER  
for Metro Halifax

**One Halifax regional councillor thinks the chair of the HRM's Board of Police Commissioners should step down over his handling of a report being presented to council today.**

South End Coun. Sue Uteck referred to the handling of the report by commission chair Coun. Russell Walker as "appalling." According to the CBC, the report recommends Halifax Regional Police take over all policing duties in

HRM.

Uteck also expresses disappointment in Walker's decision to reportedly call HRP and the RCMP only 10 minutes before council begins hearing the recommendations of the report today. The phone calls are expected to inform both forces of the report's complete findings.

"For a chair of a police commission to say that both sides will get a call 10 minutes beforehand, he should be resigning," Uteck said. "I have no faith right now in senior management."

Walker refused to com-

ment when contacted by Metro yesterday.

Currently, HRP services the urban core of Halifax and Sambro Loop, while the RCMP and its 178 officers service Sackville, Cole Harbour and other outlying areas. But Uteck wants an internal audit of both forces prior to any decision making process.

"I'm doubting the efficiencies in our own organization," Uteck said. "I want to see an audit of our HRP first. Both forces should be audited for efficiencies."

Uteck is not the only councillor questioning the process. Waverley-Fall Riv-

er-Beaver Bank Coun. Barry Dalrymple, who spent 33 years as a member of the RCMP, said he is "disgusted" with how quickly council is expected to make a decision on the issue.

Dalrymple is calling for public meetings.

"What absolutely disgusts me more than anything about this process ... is the way it's trying to be rammed through," he said. "We were told a week ago, 'clear your calendars for Monday and Tuesday for 16-18 hours of secret meetings,' to discuss an issue like this ... it's absolutely inexcusable."

### Police investigating double homicide

**BARR SETTLEMENT** The RCMP have confirmed two people found dead on Friday in Barr Settlement were murdered. Officers discovered the bodies of Ellen Hall, 53, and Russell Hall, 53, inside a residence early Friday after responding to a 911 call. Police aren't releasing the cause of death but say the murders weren't a random act. "We're looking at all possible motives for this crime," police spokeswoman Sgt. Brigdit Leger said. "At this time, we have no suspects."

METRO HALIFAX

### Flooding forces family from home

**BARSS CORNER** A family in Barss Corner near Bridgewater had to be evacuated by boat Saturday after their home became surrounded by water due to flooding nearby.

The couple and their three toddlers left the house after Lake William overflowed. Environment Canada says wind gusts up to 110 km/h were expected overnight into this morning, with storm surge warnings in effect for Lunenburg and Queens County.

THE CANADIAN PRESS

### metronews.ca

WHAT'S ONLINE TODAY

**Video** Get to know the smiling Smurfs who guided tourists through the Vancouver Olympics at metronews.ca/canada

### Lotteries

Friday, Feb. 26  
Lotto Max 2, 27, 30, 32, 35, 36 & 38 Bonus 39  
Saturday, Feb. 27  
Lotto 6/49: 4, 6, 14, 23, 25 & 36 Bonus 27  
These results are not official.

ADVERTISE TODAY!  
1 888 91 metro (63876)

m.metronews.ca



Scan this barcode for more Local news on your smartphone. Learn how to scan the barcode with the instructions at the top of this page

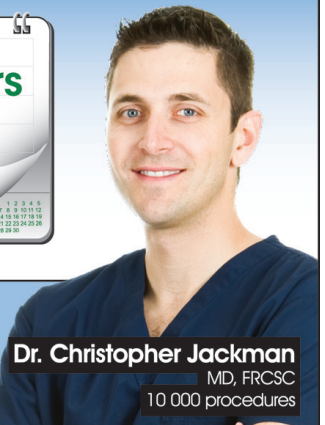
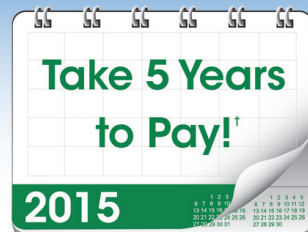
**LASIK MD**  
VISION

Take Until  
2015 to Pay!

LASER VISION CORRECTION

Starting at

**\$490**  /eye\*



Dr. Christopher Jackman  
MD, FRCSC  
10 000 procedures

FREE Consultation: 1-866-999-0435 • www.lasikmd.com

HALIFAX: 1801 Hollis Street, Suite 400

\* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. 160 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

St. John's | Moncton | Québec | Montréal | Toronto | Calgary | Vancouver



**Blaze destroys family's home**

A couple and their 16-year-old daughter escaped injury but are temporarily homeless after fire destroyed their home near New Glasgow late Friday. **THE CANADIAN PRESS**

local 3

# Lack of skilled workers leads to rise in costs

Projects, bids inflate as workforce transported

**Experts say the escalating price of a new hospital in Truro is symptomatic of growing cost pressures on public and private projects, brought on partly by a growing shortage of skilled workers.**

The hospital was initially priced at \$104 million but has since grown to \$180 million.

Krista Wood, spokeswoman for the Colchester East Hants Health Authority, says contractors are building in the extra costs of transporting and housing skilled workers, which could be as much as \$100 a day for each worker.

"Contractors responding to bids are having to build in the cost of bringing in people to do the work," Wood said.

"It seems to be coming

## Unemployment

• Jim McNiven, a senior policy research adviser and professor emeritus at Dalhousie University, is not surprised by the rise in tender costs. Nova Scotia will likely be looking at almost zero unemployment by 2015, he says, with a lot of jobs that can't be filled.

more commonplace."

Like the rest of the country, Nova Scotia is experiencing what experts say will be a steady decline in skilled workers, the product of an aging workforce and a declining birthrate.

The practical effects are already being felt in capital projects undertaken by provincial departments and municipalities alike.

Almost every municipali-

ty in the province is running into the same problem, says Port Hawkesbury Mayor Billie Joe MacLean, who is also a vice-president of the Union of Nova Scotia Municipalities.

He cites a tender his town put out for a water treatment plant, thinking bids would come in at about \$2.2 million. It came in at \$3.8 million.

"We were astounded," he said.

MacLean said the lack of qualified labour is also having an impact on smaller contracts, including one in neighbouring Antigonish County to plow snow from sidewalks.

"They got one bid on a job that was estimated by their people at \$260,000. It ended up at \$585,000."

**THE CANADIAN PRESS**

## Brothers' bail decision set for today

**COURT** The two men accused in a cross-burning incident on the front lawn of an interracial couple's home in Newport, Hants Co. last week should find out today if they'll be getting out on bail.

Justin Rehberg, 19, and Nathan Rehberg, 20, are from Avondale, Hants Co., and were arrested on Thursday.

The Rehbergs, who are

brothers, are charged with mischief, uttering threats and public incitement of hatred in relation to the incident in the early morning hours of Feb. 21. Shayne Howe, who is black, and his fiancée, Michelle Lyons, who is white, say they

looked outside their window and saw a roughly two-metre high burning cross on their front lawn,

with a noose tied around it. Howe also alleges racial slurs were shouted at him as he came out to investigate.

The Rehbergs, who are second cousins of Lyons, appeared in court Thursday but were eventually denied bail to their mother's house. The judge ruled the proposed bail amount insufficient but the family has until a court appearance this morning to raise more money.

**METRO HALIFAX**

## Knife wielded in Dartmouth robbery

**CONVENIENCE STORE** Police say two males, one of whom brandished a knife, threatened a clerk while robbing the Needs convenience store on Victoria Road in Dartmouth yesterday afternoon.

Halifax Regional Police say the incident took place at 2:40 p.m., with the two men leaving with an undisclosed amount of cash and cigarettes. As the two suspects fled the scene, police

say they got into an awaiting vehicle driven by a third man. Police describe the car as a 2010 dark blue Honda Civic with a Nova Scotia licence plate with the letter "C" on it.

**METRO HALIFAX**

## News in brief

**INVESTIGATION** Police are investigating after a 42-year-old man was found dead Saturday night following an accident on a highway in Tenecape near East Hants. An autopsy was to be performed yesterday.

**REVIEW** Halifax police say they are reviewing a report given to them by N.S.'s chief electoral officer, Christine McCulloch has asked police to determine if an investigation of the Nova Scotia Building and Construction Trades Council is necessary after the organization made an illegal donation to the NDP during last spring's election campaign.

**THE CANADIAN PRESS**

## Yarmouth-Plymouth flights to begin in couple of weeks

**SERVICE** An air link is about to be restored between southwestern Nova Scotia and the state of Maine.

The Yarmouth International Airport Corp. says it is partnering with Twin Cities Air Service to offer a regular service four days a week between Yarmouth and Portland.

It says the non-stop flights are scheduled to begin March 15.

The flights are set for Monday, Tuesday, Thurs-

day and Friday with round-trip prices starting at \$400 plus taxes.

Montreal-based Starlink Aviation Inc. began flights from Yarmouth to Halifax and Portland in February of last year, but the new service does not include a link to Halifax.

Starlink announced in late November that it would suspend its service after it revealed that a \$2-million subsidy from the province was depleted.

**THE CANADIAN PRESS**

## Comwave Knocks Out the Competition with Guaranteed Lowest Rates FOR LIFE!

If you EVER Find a Lower Rate Simply Call us and we'll Beat it...  
**GUARANTEED!**

# UNLIMITED

Calling to

# INDIA

(From Your Home or EVEN from your CELL PHONE)

only  
**\$29.95**  
/month

CUBA 89.9¢/min INDIA 2.9¢/min PAKISTAN 5.9¢/min PHILIPPINES 11.9¢/min

Afghanistan...24.9 ¢	Fiji.....24.9 ¢
Bangladesh...3.9 ¢	Ghana.....9.9 ¢
Barbados.....9.9 ¢	Greece.....2.9 ¢
Chile.....2.9 ¢	Guatemala....10.9 ¢
China.....2.9 ¢	Guyana.....27.9 ¢
Ecuador.....12.9 ¢	Honduras.....15.9 ¢
El Salvador....9.9 ¢	Iraq...from 4.9 ¢
Jamaica.....8.9 ¢	Israel.....2.9 ¢
Jordan.....3.9 ¢	Italy.....2.9 ¢
Kenya...from .6.9 ¢	Russia...from 2.9 ¢
Kuwait.....6.9 ¢	Saudi Arabia...3.9 ¢
Lebanon.....9.9 ¢	South Korea..2.9 ¢
Libya.....24.9 ¢	Sri Lanka.....11.9 ¢
Nepal...from .7.9 ¢	Trinidad.....4.9 ¢
Oman.....14.9 ¢	U.A.E.....16.9 ¢

Make Long Distance and Overseas Calls From Your CELL PHONE!

(at our GUARANTEED LOWEST RATES!)



# UNLIMITED

Calling to Anywhere in

# CANADA

From your Home or Cell Phone!

**\$5**  
/month



**comwave®**

1-866-519-8090 comwave.net

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error or printing or information at any time. LONG DISTANCE: Comwave will not enter a contract with any service provider, including cellular providers, or provide calling cards that do not meet our quality standards. All rates are based on a monthly plan of 100 minutes for the first month. Subsequent months are billed at the standard rate. Rate Guarantee: Based on competitors' lowest advertised rate for the service. Unlimited calls are subject to a limit of 100 minutes per month. Service is available only in the United States. International calls are subject to a limit of 100 minutes per month. Service is available only in the United States. The Comwave Global Service does not include calls to overseas mobile phones. Calls to Argentina on this number are to Buenos Aires. Calls to Brazil on this number are to Rio de Janeiro and São Paulo. Calls to Overseas Mobile Phones may be billed at a higher rate.

# Canada/World

## Boomers factor in times ahead: Analysts

**Hospital lineups, federal-provincial squabbles, crumbling infrastructure, a military starved of equipment, and stagnating living standards.**

That may sound like a description of Canada in the mid-1990s as the then-Liberal government struggled with deficits and debt that were swallowing 36 cents out of every taxpayer dollar just to pay the interest.

But it may also describe the country in a few years, say analysts who have looked at the long-term implications of Canada's fiscal gap as the country's baby boomers retire.

And many believe Finance Minister Jim Flaherty should start planning how to head-off the train wreck in Thursday's federal budget, although they doubt he

### Foreign aid

- Canada's lofty international ambitions — including winning a seat on the UN Security Council — face failure if foreign aid is ignored in the federal budget, experts say.

will. Flaherty continues to insist that economic growth and limiting government spending increases will eventually eliminate the deficit.

"So far, the government has basically said there isn't a problem," said Scott Clark, a former deputy minister of finance.

"The thing about demographics is that they are pretty reliable because you can't change fertility rates

overnight. You cannot deny the reality that it's coming."

Parliamentary budget officer Kevin Page laid out the broad outlines of the dilemma confronting the Conservative government — and by extension provinces — a week ago. Over the next 40 years, the ratio of retirees to workers will go from one in five to one in two, decimating government revenues and increasing health-care and other social costs.

**THE CANADIAN PRESS**

m.metronews.ca



Last week's cross-burning was no surprise to many black Nova Scotians who face deep racial divide. Scan this code for the story.

## Canada meets itself at Games

VANCOUVER

2010 Games

**OLYMPICS** If China used the last Games to introduce itself to the world, it would seem the Vancouver Olympics introduced Canadians to themselves.

When The Great One lit the Olympic cauldron, it was a spark that lit national pride.

"This has been a great human occasion for the country," said John Furlong, the chief executive officer of the 2010 Olympic organizing committee, known as VANOC.

The Games have come to Canada twice before, but it wasn't until this third date that things seem to have really clicked. Yes, the early moments of the relationship



Canadians celebrated the end of a gold drought at home during the 2010 Olympic Games in Vancouver.

were tragic and uncomfortable. The death of a Georgian luger will forever mark these Games.

The teething problems of the first few days, the drubbing from the press, also had a nation questioning whether the drive to own the podium was

more than it could handle.

But then the sun came out, not just in the sky but in the form of the first gold medal won by a Canadian at a Canadian Games. The home turf drought ended with men's mogulist Alexandre Bilodeau. **THE CANADIAN PRESS**

## Same-sex search to be implemented

**AIR SECURITY** Canada's air-security agency has ordered officers to stop the routine screening of travellers of the opposite sex.

Instead, passengers who set off an alarm as they walk through airport metal detectors must be searched by a screening officer of the same sex.

The official policy change was quietly disseminated by the Canadian Air Transport Security Authority in December to the firms it contracts to handle security at 89 airports across the country.

A copy of the bulletin was obtained by The Canadian Press under the Access to Information Act.

Once a metal-detector alarm is triggered at a passenger checkpoint, the screening of a traveller can be invasive. A hand-held device is run along all parts of the body scanning for metal. Belts can be ordered unbuckled, shoes removed. **THE CANADIAN PRESS**

## Chile's death toll climbs

President appeals for aid in wake of quake

**Chile's president, Michelle Bachelet, sent the army to help police attack looting yesterday and appealed for international help in the wake of an earthquake that shattered cities and killed at least 708 people.**

Bachelet announced the sharply higher new death toll after a six-hour meeting with aides and emergency officials struggling to cope with one of the most powerful earthquakes in centuries.

"We face a catastrophe of such unthinkable magnitude that it will require a giant effort" for Chile to recover, Bachelet told a news conference at the presidential palace, which suffered minor cracks in Saturday's magnitude-8.8 quake.

Bachelet said a growing number of people were listed as missing and she signed a decree giving the military control over security in the province of Concepcion, where looters

### Effects of tsunami around the Pacific

- Towns along Japan's northern coasts issued evacuation orders to 400,000 residents.
- In Hawaii, the Navy moved a half dozen vessels out of Pearl Harbor.
- A cruiser was moved out of Naval Base San Diego to avoid the surge.
- In Tonga, up to 50,000 people fled inland hours ahead of the tsunami.
- On New Zealand's Chatham Islands where hundreds of people were evacuated from their homes, officials reported a wave measured at 6.6 feet (two metres).

ers have pillaged supermarkets, gas stations, pharmacies and banks.

The president also said the country would accept some of the offers of aid that have poured in from around the world, adding that Chile needs field hospitals and temporary bridges, water purification plants and damage assessment experts, as well as rescuers to help relieve workers who have been labouring frantically for more than a day.

Officials earlier said

about 300 people were known dead, with 500,000 homes severely damaged.

A tsunami, caused by the quake that swept across the Pacific, killed several people on a Chilean island and devastated other coastal communities near the epicentre, but caused little damage in other countries, after precautionary evacuations of hundreds of thousands of people. The tsunami warning was lifted yesterday.

**THE ASSOCIATED PRESS**

## U.S. marines extend stay

**AFGHANISTAN** More than 2,000 U.S. marines and about 1,000 Afghan troops who stormed the Taliban town of Marjah as part of a major NATO offensive against a resurgent Taliban, will stay several more months to ensure insurgents don't return, marine commanders said yesterday.

Meanwhile, insurgents are striking back by attacking resupply convoys moving in and out of Marjah with roadside bombs, marines said yesterday.

Four convoys have been hit in the last two days,

marines said on condition of anonymity because they were not supposed to release the information. There was no word on casualties.

Two marine battalions and their Afghan counterparts will be stationed in Marjah and help patrol it as part of NATO's "clear, hold, build" strategy, which calls for troops to secure the area, restore a civilian Afghan administration, and bring in aid and public services to win the support of the population, commanders said.

**THE ASSOCIATED PRESS**

## Hamas commander drugged before being suffocated, say Dubai police

**DUBAI** The assassins of a senior Hamas operative used a powerful muscle relaxant to incapacitate him before suffocating him with a pillow in his hotel room, Dubai police revealed yesterday.

In the latest revelations, police said forensic tests turned up traces of the drug succinylcholine — part of a chemical cocktail used in lethal injections in the U.S. — in the

bloodstream of Mahmoud al-Mabhouh. The Hamas commander's body was found in his room at a luxury hotel in Dubai Jan. 20.

Police believe the suspects stuck a syringe into his thigh. Local authorities have blamed Israel's Mossad intelligence agency for the slaying in a case that has spread far beyond the city-state's shores. **THE ASSOCIATED PRESS**

## Worst storm in decade hits Europe

**FRANCE** A violent late winter storm with fierce rain and hurricane-strength winds ripped across western Europe yesterday, battering France and four other countries, leaving at least 51 people dead.

The storm, named Xynthia, was the worst to hit France since 1999, when 90 people died. Prime Minister Francois Fillon held an emergency cabinet meeting and afterward called the storm a "national catastrophe."

Many of the at least 45 victims in France drowned, while others died after being hit by parts of buildings, or trees and branches ripped off by the wind. **THE ASSOCIATED PRESS**

### News in brief

**LUXOR** Archaeologists have unearthed a massive red granite head of Amenhotep III, one Egypt's most famous pharaohs who ruled nearly 3,400 years ago, the Egyptian Supreme Council of Antiquities announced yesterday.

**THE ASSOCIATED PRESS**



## HALIFAX

Publisher, Greg Lutes  
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran  
Distribution Manager, April Doucette

## METRO CANADA

Group Publisher, Bill McDonald  
Editor-in-Chief, Charlotte Empey

Assoc Managing Editor, Tarin Elbert  
Enter/Lifestyle Editor, Dean Lisk  
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim  
National Sales Director, Peter Bartrem  
Interactive/Mktg Director, Jodi Brown

# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

METRO CANADA: TORONTO | OTTAWA | MONTREAL | HALIFAX | EDMONTON | CALGARY | VANCOUVER

## Comment

# Mimicking nature in enviro architecture

## CleanBreak

Rochelle Owen

metronews.ca/cleanbreak

Environmental architecture aims to minimize negative impacts on the natural environment.

Examples of five approaches to environmental architecture, identified by notable architect Dominique Gauzin-Müller, can be seen

in Nova Scotia and across Canada.

The natural method of green architecture embraces and mimics nature. Materials such as wood, clay, lime, and sod are used; lighting is soft and diffused. In Nova Scotia, natural material builders, like Kim Thompson of Straw Bale Projects have constructed homes from natural material such as straw bale and sustainably harvested wood.

A high-tech view uses new technology and materials to achieve environmental benefits. Buckminster (Bucky) Fuller is an example

of a renowned architect using this style. He invented many structures include the Dymaxion House, a circular self-sufficient shelter made of aluminum with a steel mast. He also designed the Montreal Biosphère, now Environment Canada's nature and water museum.

Between these two extremes are architects that consider a combination of traditional and manufactured material where high-density living space is surrounded by wilderness and agriculture land. Transport is reduced due to the close proximity of work, home

and food supply.

Social democratic approaches combine environmental and social objectives such as sustainable affordable housing development that use central systems to save money and energy. Examples include the collection of grey water (water from baths and sinks) and storm water for off-site irrigation and toilet water and the connection of active solar systems with a efficient district heating system. Jacob's Manor in Fairview is an example of this with environmentally friendly features including a geother-

mal heating and cooling system.

Environmental minimalism aims to reduce construction and dismantling costs by creating simple and easy-to-build structures. Building materials sometimes include pre-fabricated pieces that are put together like Lego blocks.

New buildings, housing developments and individual homes can follow design and construction principles promoted through programs such as LEED. The Atlantic Chapter of the Canada Green Building Council have members in

the HRM that design and build to LEED standards.

In HRM, individual homes and buildings have received various LEED ratings and the list is growing. The Ecology Action Centre has a variety of resources listed on its website including a green building directory and a manual on building green roofs. It also provides a tour of its retrofitted house that has a number of unique environmental features.

Rochelle Owen is director of sustainability at Dalhousie University. She has worked in the environment and sustainability field for 19 years; rochelle.owen@gmail.com.

## Views

# Olympic world is way more fun

## HineSight

Anne Hines

metronews.ca/hinesight

Monday morning, March 1. It's no longer the winter Olympics. Now it's just winter. And where I live, it no longer feels like Christmas morning as we bound out of bed every day eager to discover what new medals arrived during the night.

Why can't the Olympics last forever? The Olympic

world is simpler than real life. In Olympic world, success isn't as complicated and overwhelming as passing a national policy on global warming, it's simply whether or not our speed skater got across the finish line first.

Compare:

Real world:

Partner: You're still on the couch. You were there when I left nine hours ago.

You: It's a "Flip this House" marathon.

Partner: I'm so leaving you for someone who takes out the garbage.

Olympic world:

Partner: You're on the

couch. You've been there all day.

You: It's the Olympics.

Partner: Of course. Let me get you a snack.

Or, Real world:

Me: Let's watch women's sports tonight.

My friend, Rob: Oh yes, let's. Oh dear. There's only men's sports on again. Oh well...

Olympic world:

Me: You know, since 80 per cent of Canadian medals in the last two Olympics were won by women, don't you think it makes sense to fund only sports for female athletes?

Rob: (gasping, choking

and making other very satisfactory noises.)

I realize the Olympics can't last forever. Sooner or later Rick Mercer would run out of human interest stories to tell. Possibly by this Friday. Sometime, we have to return to the real world.

But not yet. For a few days, I'm holding onto the pure simple joy of feeling our country is the centre of the universe and happiness is no harder to obtain than a bronze in snowboard cross.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

## HOW TO TELL CANADIANS HAVE WON THE MOST GOLD MEDALS:



de la Haye  
metro

Tell us your views by email to [halifaxletters@metronews.ca](mailto:halifaxletters@metronews.ca) or comment on [metronews.ca](http://metronews.ca) or on Twitter @metrohalifax

Letters must include sender's full name, address and phone number - street name and phone numbers will NOT be published. We reserve the right to edit letters.

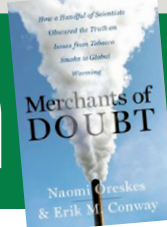
METRO Halifax 3260 Barrington Street, Suite 102, Halifax, NS B3K 0B5; Tel: 902-444-4444; Fax: 902-422-5610; Advertising: 902-421-5824 • [adinfohalifax@metronews.ca](mailto:adinfohalifax@metronews.ca); [halifax\\_distribution@metronews.ca](mailto:halifax_distribution@metronews.ca); News: [philip.croucher@metronews.ca](mailto:philip.croucher@metronews.ca)



Simplify your life as much as possible. Only keep belongings that you use/enjoy on a regular basis. By making the effort to reduce what you own, you will naturally purchase less/create less waste in the future. METRO NEWS SERVICES

# Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



## Peddling doubt

As the science of global warming has grown more certain over the last two decades, the attack on that science has grown more shrill; the book *Merchants of Doubt* helps explain that paradox, and not only for climate change.

METRO NEWS SERVICES

## A decade of the tiger

WWF vows to bring animal back from 'tipping point'

ROMINA MCGUINNESS  
Metro World News



**The Chinese New Year recently entered into the year of the Tiger.**

The largest of the cat species, tigers are a powerful and majestic symbol in many cultures yet today find themselves at what scientists refer to as "tipping point" — meaning that left to their own devices in the wild, their destiny could go either way — survival or extinction.

There are as little as 3,200 tigers left in the wild and the WWF together with the World Bank have launched a global campaign, T x 2, urging to double this number by the next year of the Tiger in

### Tiger facts

- The tiger is at top of food chain, feeding off large mammals such as deer, antelope, buffalo. They have been known to eat crocodiles and bears.
- Tigers can consume up to 40 kg of meat at one time.
- Males of the largest species weigh up to 300 kg.

2022.

The process started in Oct. 2009, where talks led by tiger experts discussed a series of actions to change the existing trajectory of tigers from the verge of extinction, to one of survival.

The talks will culminate in Vladivostok, Russia, in September 2010 where the Global Tiger Summit will

address the following issues:

**1** Strict protection of surviving tiger populations to allow their prey base to return.

**2** Once the foundation for survival has been set, tigers need large intact landscapes to expand in, without the conflicting presence of humans. In many places.

**3** Bring to a minimum and eventually halt the international demand for tiger parts by controlling business operations and borders.

**4** Political engagement at the highest level and budget.

Governmental commitment and finance is crucial and what has been missing so far.



Indian tigers are targets of large scale poaching.

## Building a sustainable future

ROMINA MCGUINNESS  
Metro World News



**ACTIVISM** WWF scientist Eric Dinerstein is working on the forefront of the Tiger Initiative.

Metro spoke to Dinerstein on why the initiative is important and how they are ensuring tigers will have a future in this world.

**Q** Why are wild tigers being poached so much today?

**A** It's much cheaper to go out and hunt a wild tiger than it is to feed and maintain one in captivity. We need to work closely with local governments as very few people are benefiting from this illegal activity.

**Q** In your opinion, what are the most shocking tiger facts?

**A** As of today, tigers occupy seven per cent of their historical coverage and that they have 40 per cent less habitable and hunting area than they did 10 years ago.

**Q** What is the key strategy needed for the survival of wild tigers?

**A** Mustering political will between the 13 tiger states. We also need to stabilize the current situation. Take the



WWF scientist Eric Dinerstein is leading the fight to save tigers.

case of blue whales, despite efforts to save them, they are breeding very slowly — tigers are the opposite as they breed faster than their prey.

**Q** What kind of diet does a tiger need in order to survive?

**A** Approximately 50 deer sized animals are needed to feed one female tiger across a one-year period.

Once you know how much prey is needed, you can sustain its breeding population.

## ONE WAY ANYBODY CAN SAVE ENERGY

AND WHY WE THINK THAT'S A GREAT IDEA



Unplugging a second fridge can save up to \$150 a year.



Energy is too important to waste. Using less helps us all. Visit [nspower.ca/energysavings](http://nspower.ca/energysavings) to learn about energy efficiency programs available to all Nova Scotians.

energy everywhere.™

NOVA SCOTIA  
**POWER**  
An Enmera Company



**Fraud prevention month**

Ninety per cent of Ontarians take preventive steps to avoid becoming a victim of fraud, from shredding documents, to shielding their personal identification number (PIN), according to a TD Canada Trust fraud prevention month poll. **METRO NEWS SERVICES**

7

# Business

**DOLLAR**

US **94.40¢**  
(Friday's close)

**GAS**

US **\$4.76**  
(Friday's close)

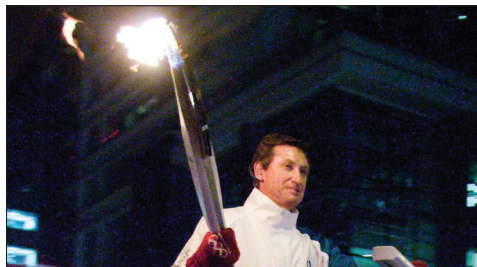
**OIL**

US **\$78.17**  
(Friday's close)

**TSX**

**11,631.44**  
(Friday's close)

EDITOR: FERMIN.DESOUZA@METRONEWS.CA



Wayne Gretzky holds the mostly recyclable Olympic torch, made by Bombardier, during the Olympic opening ceremonies

## Green is gold for Olympic sponsors

**ENVIRONMENT** Wayne Gretzky clutched a recyclable torch as he rode in a hybrid pickup en route to ignite the natural gas Olympic flame, shining a spotlight on the creators of those clean-energy innovations.

This moment was a showcase of products from

corporate sponsors seeking to tie their brands to Vancouver's promise to host the greenest Games in history, including GM Canada, maker of the Silverado hybrid, and Bombardier Inc., which manufactured the mostly recyclable torch.

THE CANADIAN PRESS

## Internet's dark side

Tips to help you guard against online fraud

**HEATHER BUCHAN**  
For Metro Canada

**The Internet has afforded many conveniences — from online banking, to shopping, to dating, to reading and watching the news — done from the comfort of home.**

But there's a darker side to Internet use: Increased risk of becoming a victim of fraud. Internet fraud comes in many forms — phishing, click fraud, spam, online marketing, and contests and surveys. The list goes on.

In the past few years, the RCMP, which operates Phonebusters, Canada's online crime-fighting agency, has seen an alarming rise in the number of Inter-

### Fraud Prevention

net-based scams in Canada.

Because the Internet is a decentralized network of computers with no company or government control, it's all the harder for police to crack down on cyber-criminals.

Tim Richardson, an e-commerce professor at Seneca College and an authority on Internet privacy, says much of the on-line fraud is building towards identity theft, which is why it's imperative to protect sensitive information.

Here are some ways to protect yourself:

- Use a different user ID and password combination for different accounts.
- Make the passwords more complicated than just combining letters and numbers, and change them on a regular basis.
- Protect your computer with anti-virus software, spyware filters, email filters and firewall programs.
- Before entering personal information on a website, look for the "lock" icon in your browser, which indicates that you are on a secure website.
- Before entering personal information on a website, read their unique privacy and security policies.
- Shop only from reputable online stores and make sure their websites use encryption.

## Market on hold, awaiting news

**STOCKS** Expect March trading to get off to a subdued start this week as investors await a raft of economic news, including an announcement from the Bank of Canada on interest rates. Also coming is the latest reading on Canadian economic growth and a fresh reading on the U.S. manufacturing sector. But attention will be particularly focused on the Greek debt crisis and the release of the U.S. non-farm payrolls report on Friday.

THE CANADIAN PRESS

m.metronews.ca



"It's like Tiger Woods." As Toyota's woes mount, this week's Geneva Auto Show is crucial to a comeback. Scan this code for the story.

## BECOME A MARKET READY GRADUATE AT McMASTER



### DeGroote MBA Information Table

Thinking of an MBA?  
Meet with a Recruiter  
from DeGroote to discuss  
your options.

**Tuesday, March 2, 2010**  
10 a.m. – 2 p.m.

Student Union Building,  
Dalhousie University,  
Halifax, NS

**An MBA from McMaster's DeGroote School of Business** prepares graduates to meet challenges and seize opportunities — graduates who are market ready.

As Canada's premier Co-op MBA school our students gain real world experience and develop a sense of innovation and creativity that allows them to bring a fresh perspective that is desired by employers.

LEARN MORE AT  
[www.mcmastermba.ca](http://www.mcmastermba.ca)

**DeGroote**  
SCHOOL OF BUSINESS

**McMaster**  
University

## Win Your Dream Wedding

**Z103.5, Mic Mac Aquatic Club and Quality Inn are giving away a dream wedding!**

Congratulations to Robby and Mandy who won their dream wedding which includes fantastic prizes from:

**Z103.5**  
THE BEAT OF HALIFAX  
[www.z103halifax.com](http://www.z103halifax.com)

**MIC MAC AQUATIC CLUB**  
BATHING & SWIMMING

**QUALITY INN**  
BY CHOICE HOTELS

**tangerine**  
CANADIAN BANK

**Partridge**  
photography

**CARE FREE**  
SOUNDS  
Professional DJ Service

**CHARLIE ATTIE**  
RESTAURANT & BAR

**ROCCOS**  
RESTAURANTE ITALIANO

**TRINITY**  
JEWELLERS

**Vogue**  
Menswear and  
Tailoring  
"Over 35 years of Service"

**Always & Forever**

**Dean's**  
FLOWERS  
Since 1959

**gleneagle**  
BAKERY



The Halifax Lions have clinched third in the Maritime Junior A Hockey League's Bent Division. The Lions, 22-23-4, will face the Pictou County Weeks Crushers in the first round of the playoffs. **METRO HALIFAX**

# Sports



## Upshaw scores 33 in X-Men win

Halifax's Christian Upshaw scored 33 points to lift the St. Francis Xavier X-Men to an 81-80 win over the Cape Breton Capers in Atlantic University Sport men's basketball action on the weekend. St. F.X., 18-1, is tied for first with Cape Breton, 17-2.

METRO HALIFAX

EDITOR: DON.MCHOULL@METRONEWS.CA

# Herd playoff hopes officially over

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**The worst statistical team in Halifax Mooseheads history was officially knocked out of playoff contention on the weekend.**

The Mooseheads were swept by the Moncton Wildcats, blasted 7-2 yesterday on the road and edged 4-3 in their home finale on Saturday before a season-high crowd of 10,411.

An improbable seven-game winning streak was the only thing that was going to get the Mooseheads into the playoffs.

"We knew we had to win all seven games but we were realistic and knew it probably wouldn't happen," said Mooseheads captain Tomas Knotek, after his team blew a 3-1 third-period lead on Saturday.

With the losses, they cannot finish with more than 41 points, lowering the previous low of 44 set back in 2003-04.

Mooseheads goaltender Mathieu Corbeil was at the



Halifax Mooseheads forward Jordan Costello wrestles down Moncton Wildcats forward Scott Trask during a second period scrap at the Metro Centre on Saturday night.

Wildcats' mercy yesterday, pelted with 44 shots — 28 of them counted as dangerous. The Wildcats also converted on four-of-10 power-play opportunities.

Bradley MacDonald and Andrew Wigginton scored in the loss.

Knotek, Pascal Amyot and Charles Bety scored in Saturday's loss, while Peter

Delmas turned aside 29 shots.

The Mooseheads play the Bathurst Titan on Friday as they wrap up their season on the road.

"We're still going to battle," said Mooseheads right-winger Linden Bahm. "We're going to come out every game and give it our all, no matter what."

## Huskies win women's title

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**HOCKEY** The Saint Mary's Huskies are back on top in Atlantic University Sport women's hockey.

The Huskies, who entered championship weekend in Moncton as the third seed, knocked off two powerhouse teams en route to their first championship in six years.

In yesterday's final, the Huskies downed the host, defending champion and No. 1 seed Moncton Aigles Bleues 6-2. They also beat the second-ranked St. Francis Xavier X-Women 5-3 in Saturday's semifinals.

Saint Mary's jumped out to a 5-1 lead after two periods yesterday and received a goal and three assists from Kori Cheverie, two goals from Kyla Thurston and a goal and two assists from Lauren McCusker. Goaltender Jillian MacLissac made 27 saves.

The Huskies and host X-Women advance to nationals from March 11 to 14 in Antigonish.

## Sports in brief

**VOLLEYBALL** The Dalhousie Tigers now have 24 straight Atlantic University Sport men's volleyball banners.

The Tigers wrapped up another dominating season in the three-team circuit yesterday, sweeping the New Brunswick Varsity Reds in three straight sets in Fredericton, N.B., to win the best-of-three final 2-0.

**QMJHL** Halifax Mooseheads captain Tomas Knotek was named MVP for the second straight year during the team's annual awards on Saturday. The 19-year-old centre is on pace to lead the team in scoring and has 53 points in 56 games. For a full list of awards winners, you can visit [www.metro-news.ca/qfiles](http://www.metro-news.ca/qfiles).

**HOCKEY** The Saint Mary's Huskies will look to take advantage of home ice against the Acadia Axemen tonight. The Huskies host the Axemen in Game 3 of the best-of-five Atlantic University Sport hockey semifinal at 7 p.m. at the Forum after drawing even in the series on Saturday.

METRO HALIFAX

## Huskies fall to Capers in AUS title bout

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**BASKETBALL** The Saint Mary's Huskies enjoyed a tremendous run at the Atlantic University Sport women's basketball championship, but fell just short in the end.

The Huskies, playing their third game in as many days, lost 69-60 to the host Cape Breton Capers in yesterday's final to narrowly miss their first title in 33 years.

Tied 50-50 after three quarters, the Capers pulled away in the final frame, getting 23 points and eight rebounds from tournament MVP Kari Everett and 21 more from two-time national scoring champion Kelsey Hodgson.

"We had an opportunity," said Huskies head coach Scott Munro. "I thought we played well. Cape Breton is a very good basketball team and they got it done today."

Huskies rookie Justine



Kelsey Hodgson, left, and Karmen Brown of the Cape Breton Capers women's basketball team celebrate after winning the Atlantic University Sport title yesterday in Sydney.

Colley, who averaged more than 25 points per game on the weekend, piled up 23 yesterday en route to tournament all-star honours, while Kelsey Daley chipped in with 16 and also earned an all-star nod.

The top-seeded Capers were the more rested team after enjoying a bye to the semifinals. The third-seeded Huskies needed to beat the Acadia Axewomen in Friday's quarter-finals before upsetting the No. 2 Memorial Sea-Hawks on

Saturday.

"Cape Breton buckled down and they were tough when they had to be," Munro said. "We were a couple of shots away, 50-50, from changing the complexion of the game, but it didn't happen."

The Capers advanced to the final by ousting the Dalhousie Tigers 61-56 in Saturday's semifinal. It was the second straight title for the Capers. They advance to nationals from March 12 to 14 in Hamilton, Ont.

## Free-throw troubles surface as Rainmen fall in overtime

**MATTHEW WUEST**  
matthew.wuest@metronews.ca

**PBL** The Vermont Frost Heaves may have found the Halifax Rainmen's Achilles heel.

The struggling Frost Heaves, 3-6, upended the Rainmen 111-105 in overtime yesterday in Burlington, Vt., and took advantage of atrocious 14-of-34 shooting from the foul line from the worst free-throw shooting team in the Premier Basketball League.

The Rainmen had a six-point lead in the final minute and a half but missed eight straight from the stripe as the Frost Heaves intentionally fouled to orchestrate a comeback.



Tony Bennett

"It's definitely a problem," said Rainmen head coach Les Berry. "It's a game we should have won."

"All we had to do was step up, knock down our free throws and win the game."

Tony Bennett led the Rainmen with 28 points, while Eric Crookshank added 23 and Gary Ervin 19.

The Rainmen, who average a PBL-worst 63.2 per cent from the foul line, fell to 9-3 and the loss could cost them a shot at catching the first-place Puerto Rico Capitanes.

The Rainmen and Capitanes were scheduled to play on Friday at the Metro Centre, but the game was postponed because of inclement weather.



For more Rainmen coverage on Twitter follow:  
[@metrorainmen](https://twitter.com/metrorainmen)



**Near miss in 50 km race**

Cross-country skier Devon Kershaw from Sudbury, Ont., just missed the podium in the men's classical 50-kilometre, placing fifth in two hours 5:37.1 seconds. Norway's Petter Northug won gold. **THE CANADIAN PRESS**

# Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

## 'I dreamed of this moment:' Crosby

JEFF HODSON  
Metro Canada

**Sidney Crosby didn't even see his game-winning overtime goal that captured gold for Canada yesterday in men's ice hockey.**

He just heard the screaming.

"I just shot it and didn't see it after that," said Crosby, who took a feed from a falling Jarome Iginla and whistled it past tournament MVP Ryan Miller as Canada beat the U.S. 3-2 and won the final gold medal of the 2010 Winter Olympics.

Crosby skated into the corner as 16,000 raucous fans in Canada Hockey Place, who spent much of the game chanting, cheering, dancing and waving

### Obama's bet

It seems U.S. President Barack Obama owes Prime Minister Stephen Harper a few cold ones. The two leaders had a friendly bet on the outcome of yesterday's gold-medal Olympic hockey game.

THE CANADIAN PRESS

flags, erupted in a roar. Crosby was engulfed by his teammates as they streamed off the bench.

"I dreamed of this moment," Crosby said afterwards. "It's pretty incredible."

The win marks the first time since the 1980 'miracle on ice,' when the U.S. beat Russia, that a host country has won hockey gold.

"It's unreal," said goal-

tender Roberto Luongo. "You work hard your whole life for something like this and it's nice to get rewarded. This medal is not for myself, but for Canada and for the people of Vancouver and the fans that have supported me since the first day I got here."

Canada, which sported a 2-0 lead halfway through the second period on goals from Jonathan Toews and Corey Perry, watched in dismay as Zach Parise, untouched in front of the net, pounced on a rebound to beat Luongo with only 24 seconds remaining in the final period.

"I thought we deserved better," said U.S. forward Ryan Kesler, who deflected a weak shot by Patrick Kane past Luongo to score American's first goal.



Canada's Sidney Crosby scores an overtime goal against the USA's Ryan Miller to win the gold medal in the men's hockey final yesterday in Vancouver.

JENNIFER GATHIER/ON METRO.CANADA

## VANCOUVER GAMES

### MedalCount

NATION	GOLD	SILVER	BRONZE	TOTAL
U.S.	9	15	13	37
Germany	10	13	7	30
Canada	14	7	5	26
Norway	9	8	6	23
Austria	4	6	6	16
Russia	3	5	7	15
South Korea	6	6	2	14
China	5	2	4	11
Sweden	5	2	4	11
France	2	3	6	11
Switzerland	6	0	3	9
Netherlands	4	1	3	8
Czech Republic	2	0	4	6
Poland	1	3	2	6
Italy	1	1	3	5
Japan	0	3	2	5
Finland	0	1	4	5
Australia	2	1	0	3
Belarus	1	1	1	3
Slovakia	1	1	1	3
Croatia	0	2	1	3
Slovenia	0	2	1	3
Latvia	0	2	0	2
Britain	1	0	0	1
Estonia	0	1	0	1
Kazakhstan	0	1	0	1



Team Canada celebrates its gold win last night.

## Toews, Weber named to Olympic all-star team

**SELECTION** Canadian forward Jonathan Toews and defenceman Shea Weber were named to the Olympic men's hockey tournament all-star team yesterday, joining three Americans and one Slovak.

The all-star team, selected by the media, also included American goaltender Ryan Miller, the tournament MVP, and two of his teammates: Defenceman Brian Rafalski and forward Zach Parise. Slovak forward Pavol Demitra rounded out the team.

Toews, the young Chicago Blackhawks captain, was one of Team Canada's top players and scored the first goal in its 3-2 overtime win over the United States in yesterday's gold-medal game.

Weber, the rock-hard Nashville Predator with a lethal shot, was a force on defence and offence throughout the tournament.

Miller, an NHL star with the Buffalo Sabres, stopped 139 of the 147 shots he faced throughout the tournament, including 36 in yesterday's final.

Parise of the New Jersey Devils scored the tying goal the gold-medal game with 24.4 seconds left to force overtime.

The veteran Rafalski, who plays with the Detroit Red Wings, was a steadying influence on the U.S. blue-line and scored key goals as the Americans went undefeated until the final.

THE CANADIAN PRESS



# IT'S TIME TO VOTE!

canadianimmigrant.ca

## Vote for Canada's Top 25 Immigrants

Vote today and be entered for your chance to win a \$500 Visa\* Gift Card issued by Royal Bank of Canada.

Chance to  
**WIN \$500**  
Visa\* Gift Card

canadianimmigrant.ca/top25

Presented by



RBC Royal Bank®

In association with



Media Partners



### On the web

- Vancouver managing editor Fernando Carneiro's daily column (metronews.ca/columns)
- Metro-Blenz News Squad on-the-ground blog
- Complete medal standings and results

Visit **metronews.ca** for more Games coverage.

© Registered trademarks of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.  
\* Registered trademark of Visa International Service Association. Used under license. For full content details and rules please visit [www.canadianimmigrant.ca/top25](http://www.canadianimmigrant.ca/top25).



The IOC has issued a reprimand against Slovakian hockey player Lubomir Visnovsky after tests revealed he broke anti-doping rules by taking too much cold medicine with the ingredient pseudoephedrine prior to his team's semi-final game against Canada. **THE CANADIAN PRESS**

## Vancouver Games

# Torch passed to Russia

**The Olympic flag no longer flies over Vancouver.**

The flag has been handed over to Sochi, Russia, the host city for the next Winter Games, in 2014.

The flag has flown over Vancouver's city hall since the close of the 2006 Games in Turin, an iconic moment where then Vancouver mayor Sam Sullivan waved it from a special holder on his wheelchair.

But now it will fly over Sochi's municipal building until the close of its Games.

The Vancouver closing ceremonies looked back at the last 17 days of sport and began with a light-

hearted poke at a cauldron malfunction at the opening ceremonies.

There were 2,400 volunteer performers in the show, as well as several big-name Canadian acts.

While the opening ceremonies are a formal affair, the closing event is always a lot more relaxed.

It included not a parade of athletes, but all of them flooding into B.C. Place stadium as a team.

The final moments saw International Olympic Committee president Jacques Rogge declare the Games closed with the extinguishing of the Olympic flame.

**THE CANADIAN PRESS**



Fireworks go off during the 2010 Vancouver Olympic Winter Games closing ceremonies yesterday in Vancouver.

## Athletes' tweets provide fans with unprecedented access

**TECHNOLOGY** Thanks to Twitter, Olympic athletes have been documenting their Vancouver Games experiences in minute detail.

Take Canadian skeleton racer Jeff Pain, who helpfully asks — then answers —

the question of what an Olympic athlete drinks the night after a race.

"Should I start with tequila or rye?" he tweeted. "Yes, foolish question. Both it is. Party time. Back up the bus, I'm driving."

For fans, such minutiae can provide a look inside the lives of athletes who otherwise stay out of the spotlight. And it adds dimensions to personalities that are sometimes difficult to crack through the one-

way TV screen.

Canadian snowboarder Jeff Batchelor, to take one example, would seem to be cutting loose:

"Sleep all day, play all night, let's get it poppin, I'm in." **THE CANADIAN PRESS**

## Last minute ruling won't break Paralympian: Coach

**DECISION** A longtime coach of Brian McKeever says the partially blind cross-country skier will bounce back from the disappointment of not competing in the Olympic Games.

"I think Brian is strong enough mentally to park this and move on," Kasper Wirz said from the Canmore Nordic Centre in Alberta.

The 30-year-old athlete learned Friday his dream of racing in the Games wouldn't happen.

Cross Country Canada had claimed McKeever would "compete" in the Games, and emphasized repeatedly he was making history as the first Paralympian to enter the Winter Games.

McKeever said he respects the coaching decision to start four other Canadians — all of whom have performed well in the Games — in yesterday's 50-kilometre race.

However, he's also said he was "crushed" by the decision.

He told CTV the blow was similar to learning he had Stargardt's disease, an inherited macular degeneration that has left him with 10 per cent of his vision.

McKeever has been named to World Cup teams, but also has had occasions when he wasn't chosen to race on the national team on the international circuit.

"Not to be able to start and not to be able to prove that he can be there, that's a hard blow," Wirz said. "I totally understand that, and I'm 100 per cent certain we can fix that."

McKeever will race the biathlon pursuit, the 10-kilometre cross country, the 12.5-km biathlon and the sprints in the Paralympic Games, which begin March 12.

McKeever and his brother, Robin, are expected to be medal contenders. Wirz said his priority is McKeever's well-being.

**THE CANADIAN PRESS**



Brian McKeever

# FREE FOOTLONG AT ARGYLE STREET!

## FREE Footlong Sub

Purchase one footlong sub and 21oz beverage and get one footlong of equal or lesser price for free!



## Today, March 1st

Valid at 1650 Argyle Street location only, from 11am to 7pm



Not for sale. No cash value. Restrictions may apply. Not valid with any other offers, discounts or with delivery. Not valid on phone or fax orders. Valid at 1650 Argyle Street, Halifax, NS location on Monday, March 1, 2010 from 11am to 7pm. ©2010 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc. Prepared Fresh.

## Rochette's courage rewarded with flag duty

**FLAG** Figure skater Joannie Rochette, who persevered after the death of her mother and made it to the medal podium, was given the honour of carrying the host na-

tion's flag into yesterday's closing ceremonies at the Vancouver Games.

Rochette won a bronze medal less than a week after her mom Therese died

of a heart attack.

Canadian chef de mission Nathalie Lambert said Rochette was selected for her grace under pressure.

**THE CANADIAN PRESS**

## Our extraordinary athletes left indelible marks

**O**n the last day of the Games, it all became clear to me.

I was in the presence of the Olympians, athletes with skill and drive who have the ability to work magic and restore faith.

People like 27-year-old Devon Kershaw of Sudbury, Ont., who raced his heart out in the cross-country marathon only to finish fifth and miss a medal by six tenths of a second. Kershaw's result was the best ever by a Canadian in this event. He more than held his own against the legendary European giants of Nordic sport.

The thing with Olympians is that outwardly they resemble the rest of us. They come from small towns and loving families and are built in a variety of shapes and sizes. What distinguishes them is an ability to express incredible talent and grace in a pressure-filled crucible on the international field of play.



No better illustration exists than Joannie Rochette, the figure skater who survived the sudden death of her mother mere hours from the biggest moment of her life. Rochette soared to a bronze medal and delivered the most inspirational performance of the Olympics. She is a remarkable young woman, the girl next door if you will, with the ability to conjure up a heroic act.

"I cannot begin to understand what she is going through," said bobsleigh gold medalist Heather Moyse of Summerside, P.E.I. "Her mother is gone now. Joannie was left to honour her memory with her performance and she did."

The Canadian men who

captured precious hockey gold here received the lion's share of the attention and that is understandable. We live in a country where supremacy in that sport is a vital element to the people's sense of worth.

But we should never forget that all the Olympians who graced the stage in both Vancouver and Whistler have been part of the story at these Games. They have fashioned a legacy of achievement for generations to come.

From across the country, they are our neighbours, our friends, our sons and our daughters.

These Canadian Olympians are ordinary people, it's true, but they have proven they are capable of creating extraordinary memories.

The kinds of things we'll never forget.

Gemini Award winner and author Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. A 20-year CBC Sports veteran, he has covered a variety of professional and amateur sports including nine Olympic games and numerous world championships.



**Alberta rejects NAIT's tuition hike proposal**

The Edmonton Journal reports that Alberta's advanced education ministry has turned down the Northern Alberta Institute of Technology's proposal to increase tuition by 40 per cent over the next three years. **METRO NEWS SERVICES**

# Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

## Ready for the Oscar pool?

### Hollywood Votes Academy Awards

JON TATTRE  
for Metro Canada



**With the Olympics just finished, the Oscars dawning and March Madness drawing near, offices across Canada are abuzz with pools, but are they a team-building force for good or a distraction that risks turning the office into The Office?**

Dr. Ian Bradley, a workplace psychologist in Montreal, says there are risks and rewards to office pools. "Some people get really into it and one wonders how much work time is devoted to the pool," he says. "The benefits are in terms of camaraderie and excitement."

He considers pools an organic form of official team-building exercises, but without the price tag of a seminar or a weekend bonding in the woods. Pools can connect staff at different levels and in different departments, opening new lines of communication.

"We need as much fun in the workplace as possible, within bounds. The more things that are humorous and bring people together and allow them to forget about the drudgery and stresses of the work, I think all the better," Bradley says.

Because of those advantages, he urges bosses to accept pools even if staff go overboard for the Oscars, so long as they don't go all Michael Scott, from The Office, on their colleagues.

Maricel Dicion organizes the Oscar office pool at the

Toronto branch of the global communications firm Cohn & Wolfe. "Everyone participates. We're a full-service PR agency and we all have lots of things to do, but things like this really help build team moral," she says. "It's just something fun to think about and something fun to do."

The email-organized pool doesn't involve money and doesn't distract people from their work, she says, but in fact gives them a useful break in the day. "Plus, if you win you get bragging rights until the next Oscar pool," she notes.

As Bradley predicted, the pools cut across the normal office barriers of rank and department, encouraging staff to get to know their coworkers.

"It gives you an excuse to congratulate the person who won," Dicion explains.

## McMaster faces major cuts

In a financial update to the campus community, McMaster University's president and vice-president (academic) report that the demands on the school's finances for 2010-11 are "staggering." Over the last four years, McMaster's expenses could exceed revenues by more than \$100 million. McMaster anticipates these budget pressures will require a minimum of 50 and up to 100 positions to be cut across the university. **METRO NEWS SERVICES**

**Vogue Optical** 2nd PAIR FREE POLICY

is offering an exciting opportunity in Halifax

- While working in the Optical environment training will be provided to become a licensed Optician.
- Current Student Opticians may also apply.
- Must be willing to enrol in the two year correspondence program to become an Optician.
- Must have completed grade 12 to enrol in the program.
- Must excel in customer service.
- Must have the ability to organize, prioritize, problem solve and work under limited supervision.
- Be able to work as a team player to ensure overall success of the store.
- Great company benefits offered with a competitive starting wage.

Interested applicants can apply by;

• fax: (902) 566-3269 • email: [nsjobs@vogueoptical.com](mailto:nsjobs@vogueoptical.com)  
"Only those chosen for an interview will be contacted"



### "I LOVE THIS PAPER"

Available on the App Store

"This app is a great way to read Metro when on the go" — Real user review  
The free Metro Canada application is available on the App Store.  
Don't have an iPhone or iPod touch?  
Visit [m.metronews.ca](http://m.metronews.ca) for news on the move.

[metronews.ca](http://metronews.ca)

## YOU HAVE THE SKILLS. PUT THEM TO WORK IN CANADA.



The Government of Canada's new Foreign Credentials Referral Office helps newcomers who are looking to put their skills to work in Canada. The federal government has reached an unprecedented agreement with the provinces and territories to speed up the assessment and recognition of foreign qualifications.

Get information on how to put your training and knowledge to work at:

**[www.credentials.gc.ca](http://www.credentials.gc.ca) 1-888-854-1805 (TTY: 1-800-926-9105)**

Or visit us at one of more than 300 Service Canada centres nationwide.



Government  
of Canada

Gouvernement  
du Canada

Canada



Bachelor couple Jason Mesnick and Molly Malaney officially said "I do" on Saturday. An estimated 300 guests witnessed Mesnick, 33, and Malaney, 25, exchange vows at the breathtaking Terranea Resort on the coast of Rancho Palos Verdes, Calif. **PEOPLE.COM**

**Bachelor couple wed**

# Entertainment

EDITOR: DEAN.LISK@METRONews.CA



## Grandpa Jim

Jim Carrey, left, is a grandpa. His daughter, Jane, 22, welcomed a baby boy in Los Angeles Friday, a rep confirms to usmagazine.com. Jackson Riley Santana was born Friday morning. **METRO NEWS SERVICES**

# From oppression to opportunity

Half the Sky LIVE explores plight of suppressed women

**DOROTHY ROBINSON**  
Metro World News

Last year, New York Times columnist Nicholas Kristof and his wife, Sheryl WuDunn published their book *Half the Sky: Turning Oppression into Opportunity for Women Worldwide*.

The book shows how most societies suppress women through terrible — and culturally accepted — measures, such as stoning, genital mutilation, sex slavery, maternal morbidity, forced marriage, honour

killings and other atrocities. But the book also focuses on the small, empowering steps these oppressed women are doing to change the status quo.

This Thursday, in celebration of International Women's Day on March 8, movie theaters across North America will broadcast *Half the Sky LIVE*; a combination of documentary and celebrity discussion panel, based on Kristof and WuDunn's work.

Filed on a snowy February day at New York University and presented by



Sarah Ferguson, Sheryl WuDunn, Nicholas Kristof and Marisa Tomei at the *Half the Sky LIVE* recording.

the poverty-fighting organization CARE, *Half the Sky LIVE* features a celebrity panel discussion about the plight of women, readings by celebrities such as Maria Bello and Marisa Tomei, musical performances by India.Arie and Diane Birch, as well as the

world premiere of *Woineshet*.

It is a short film made by Tomei that is based on a poor Ethiopian woman featured in *Half the Sky* who triumphs over discrimination, rape, and forced marriage.

"We hoped (the book)

would reach a lot of people," said the Pulitzer-prize winning Kristof in an impromptu interview after the filming. "But this has been a very pleasant surprise."

Sarah Ferguson, the Duchess of York, who participated in the panel discussion and read the story of Prudence, a woman in Cameroon who died in childbirth due to lack of proper treatment, said that lending her voice was a no-brainer.

"I was taken with Prudence because my sister had many sad miscarriages and my mother had pre-eclampsia and would have died if she not had medical

care," she said, noting that she's happy to give back.

"I just believe the true celebrities are the women who have been through so much. My job is an easy one. I simply tell their stories."

• For more information, or to buy tickets, visit [care.ca](http://care.ca).

**Half the Sky LIVE screens this Thursday at Empire 8 Park Lane**

## Half the Sky facts

- More girls have been killed in the last 50 years because they were girls, than men were killed in all the wars of the twentieth century, write Kristof and WuDunn in *Half the Sky*.

Weekdays @ 9pm  
**101.3 THE BOUNCE**  
Interactive  
**NINE@9**

For February 26<sup>th</sup>

- 9 Rihanna - Rude Boy
- 8 Black Eyed Peas - Imma Be
- 7 IYAZ - Solo
- 6 Drake Ft Kevin Cossom - I Get Paper
- 5 Down With Webster - Your Man
- 4 Adam Lambert - What Do Ya Want From Me
- 3 Young Money Ft Lloyd - Bedrock
- 2 Boys Like Girls - Two Is Better Than One
- 1 Ke\$ha - Blah Blah Blah

**WE WANT YOU!**

You could guest host the Interactive **NINE@9** with Kid Craig.



[kidcraig@1013thebounce.com](mailto:kidcraig@1013thebounce.com)

**1013 THE BOUNCE.com**

## METRO'S SERVICE DIRECTORY

ADVERTISING FOR EVERY BUDGET!

To advertise contact Chris Cannon at 421-5826

<b>Service Directory</b>	<b>Home Renovation</b>	<b>Business</b>	<b>Miscellaneous</b>
<b>EMPLOYMENT</b> BASIC DATA ENTRY Training Provided Part Time/Full Time UP TO \$18 AN HOUR 902-555-5555 Or apply at Data.com	<b>MOVING, DELIVERY AND SETUP MADE EASY!</b> T: 902-555-5555 Toll Free: 866-555-5555 <a href="http://moveymove.ca">moveymove.ca</a>	<b>THE DRUG AND Save Money</b> Reduce your total costs by 75% and save on your home and vehicle fuel bill! <a href="http://fuelforlessnow.com">fuelforlessnow.com</a>	<b>WOMEN ALLIANCE</b> Special Rates! Refund Talk to women. That's the difference. Counting for you. Women. One source. Just call women. Home opportunities available. 1-800-555-5555
<b>SPOUSES, RELIEVE STRESS!</b> Earn extra \$\$\$ working from home, no selling, great income. Send resume to <a href="mailto:123money@gmail.com">123money@gmail.com</a>	<b>MOVING, DELIVERY AND SETUP MADE EASY!</b> T: 902-555-5555 Toll Free: 866-555-5555 <a href="http://moveymove.ca">moveymove.ca</a>	<b>Together Group</b> Currently seeking small business owners for networking. Call 555-5555 or visit <a href="http://togethergroup.org/">togethergroup.org/</a>	<b>LESSONS</b> Piano Lessons Guitar Lessons Chorus & 12 Piano & 12 Call 902-555-5555 <a href="http://www.musicians.com">www.musicians.com</a>
<b>Driver: Class One Owner Ops.</b> Liquor Chemical. Paid Training. Sign on/Safety Bonus. Up to \$1.30/mile + FSC. 1-866-555-5555	<b>MOVE IT NOW TRUCKING</b> Moving and Hauling 902-555-5555	<b>INVESTMENT</b> HOLAHOP INVESTMENTS Alicia Goss, Consultant Suite 111, Tower 1 123 Park Street, 10th Floor, 10th Floor 902-555-5555 <a href="http://aholahopinvestments.com">aholahopinvestments.com</a>	<b>Dog Walking</b> and grooming too! 555-5555 Allison Knott <a href="http://doggyclean.com">doggyclean.com</a>

Think of the Service Directory as a classified section on steroids. Full colour ads, display design, and all at a price you can afford. Advertise your services for as little as \$15 per day and you won't have to break your piggy bank!

Publishing Tuesday and Thursday. Contact Chris Cannon at 421-5826 or [chris.cannon@metronews.ca](mailto:chris.cannon@metronews.ca)

**metro**  
Your FREE daily.

## Precious wins big at NAACP Image Awards

It was a winning night for *Precious* at the 41st NAACP Image Awards.

The heart-wrenching tale of an illiterate and abused teen who finds hope in a Harlem classroom was named outstanding motion picture and outstanding independent film at Friday's ceremony. Stars Mo'Nique and Gabourey Sidibe, screenwriter Geoffrey Fletcher and director Lee Daniels also won.

Daniels excitedly accepted the best-picture prize, surrounded by his cast and fellow producers.

"No one in Hollywood told me they wanted to see a movie about a 350-pound black woman with HIV," he said. Sidibe objected, and Daniels corrected himself: "She's not 350 pounds. This was before you were hired."

Presented by the National Association for the Advancement of Colored People, the Image Awards honour diversity in the arts and outstanding achievements in film, television, music and literature.

Sidibe cried as she accepted the award for outstanding actress in a motion picture for her turn as Precious, the overweight, twice-pregnant teen who discovers self-worth through reading and writing.



Precious director Lee Daniels.

"It's so awesome to win! I love winning," said the Oscar nominee, who made her acting debut with this film. "I want to thank my God for ordering my steps, for everything that my life was and everything that it is now."

Fellow Oscar nominee Mo'Nique, who has swept the supporting actress prize throughout Hollywood's awards season for her moving turn as abusive mother Mary Jones, added another trophy to her collection with the Image Award for her role in *Precious*.

"For all the Mary Joneses, I love you unconditionally, baby," she said. "For all the Preciouses, I love you unconditionally. Let's start loving each other again."

THE ASSOCIATED PRESS



# The chin comeback

Will Leno regain his late-night lead? Media analyst says 'yes'

**The chin is coming back to late-night on NBC. So is the desk, the couch and, the network fervently hopes, the audience.**

When Jay Leno reclaims The Tonight Show tonight, NBC is banking that the ratings spiral that marked Conan O'Brien's brief tenure as host will quickly fade to a dim memory.

If viewers want to dwell on the messy dithering that led to this point — Leno moved to prime-time, NBC affiliates rebelling at his low ratings, O'Brien balking at NBC's directive that he and Tonight shift to midnight, O'Brien exiting and leaving a diminished audience behind — the network is focused on the end result.

With the Winter Olympics providing a big platform, NBC aired a promotional spot advising that "the chin" was back. Another spot had Leno breezing down a coastal highway in a snazzy convertible that shed the number "10" for "11:35." It cast him as a



Jay Leno returns to late-night TV on The Tonight Show tonight.

happy traveller headed home, back where he belongs, after a misadventure not even worth a postcard.

Lisa Howfield, general manager of NBC affiliate KVBC in Las Vegas, thinks Leno's fans will be right behind him.

"I suspect he'll get the same numbers (ratings) he

had in prime-time, which are the same numbers he had in late-night. ... I think it's probably going to get right back into normal viewing patterns," Howfield said.

Media analyst Steve Sternberg agrees Leno should regain the late-night lead, which he held

for most of his run, despite some observers' assertions that he ended up cast as the villain when O'Brien took a powder.

"I don't think Leno's image took much of a hit with his fans at all," said Sternberg.

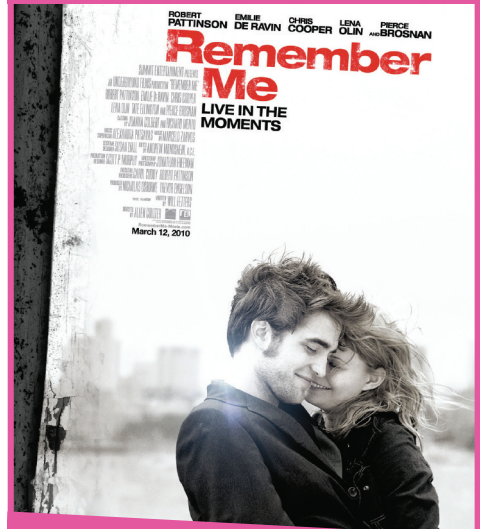
"That was more of a press and Conan fan-Twitter creation than anything else. Half of Leno's audience is over 55, a group that tends to be very loyal."

Leno averaged 5.2 million viewers nightly in his final season of Tonight before O'Brien took over last May, and was drawing virtually the same number — 5.3 million — to his prime-time show.

Expectations were higher for the new show, however, because more people watch TV in prime-time, and affiliates complained loudly to NBC because their local newscasts were taking a viewership hit because of the weak lead-in. NBC eventually bowed to the pressure.

THE ASSOCIATED PRESS

## CLUB METRO WEEKLY OFFERS



YOU COULD **WIN** A PAIR OF PASSES TO SEE

### REMEMBER ME



YOU COULD **WIN** A LIMITED EDITION

CANADA'S NATIONAL COCKTAIL CAESAR BARTENDING KIT.

visit **clubmetro.com** and enter for your chance to WIN!



To register and for full contest details visit clubmetro.com

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/10	31	31	31	ABC	News Center 5	World News	Inside Edition	Chronicle	The Bachelor: On the Wings of Love (N)			Bachelor-Love
	7	7	7	ASN	The Road to Avonlea		Degrassi: Next	TMZ (N)	Tough Love	Law & Order: A family is found murdered.		
	11	11	11	CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Just for Laughs-Yankees	CBC News: The National		The Hour
	2	2	2	CBC-F	Pyramide (SC)	La force	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)	Les Boys (SC)	C.A. (N) (SC)	The Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	Wheel Fortune	Jeopardy! (N)	How I Met	Two/Half Men	Big Bang	CSI: Miami (N)
	69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	Rachid	Mtl	Yamaska (HDTV) (N) (SC)	Tout la verité (N) (SC)		TVA nouvelles
	6	6	6	CHIF	Entertainment	ET Canada	Cold Blood	House "Wilson"	24 (HDTV PA) (N)			News Final (N)
	9	9	9	CJCH	etalk	Access H.	CSI: Miami "L.A." (N)	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang	CTV News
	10	10	10	ELTV	Face to Face	Fishing	Sportsland	Face to Face	Sportsland		Women's University Basketball	
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	House "Wilson"	24 (HDTV PA) (N)		Fox First
prime	12	12	12	NBC	News (N)	NBC News	Access H.	Extra (N)	Chuck (HDTV) (N)	Law & Order: A family is found murdered.		
	29	29	29	NW	(6) Power & Politics		The Lang & O'Leary Exchange	Connect with Mark Kelley (N)	Antiques Roadshow (N)	CBC News: The National		Gambling Boys
	4	4	4	PBS-B	PBS NewsHour (N)		Greater Boston	Chronicles	Antiques Roadshow (N)	American Experience "Dolley Madison"		
	35	35	35	PBS-D	PBS NewsHour (N)		Business Rpt.	Worldfocus	Antiques Roadshow (N)	American Experience "Dolley Madison"		
	68	68	68	TQS	Guerre clans	Atomes croch	Oncle Charlie	Rire et délire	CSI: NY (N) (SC)	Le Mentaliste (N) (SC)		L'Attaque à 5
	23	96	96	BNN	Business News	Headline	Market Call Tonight	MoneyTalk	Market Call	Squeeze Play		Business News
	18	18	18	CNN	(6) The Situation Room With Wolf	Blitzer (N)		Campbell Brown (N)	Larry King Live (N)	Cooper 360		
	54	54	54	GOLF	Golf Central	Play Lessons	The Golf Fix (HDTV) (Live)	PGA Championship Highlights	Haney Project	The Golf Fix		
	52	52	52	RSE	Connected W-Ptime Time		Best Damn Top 50 Special	UFC Fight Night		Sportsnet Con.		
	55	55	55	SCOR	HSR	Covers Experts	RaceNight		(10:15) WWE Monday Night RAW			
sports	45	45	45	SPD	Barrett-Jackson 2010		NASCAR	NASCAR Hub	NASCAR	What's Deal?	Fast Track to Fame (HDTV) (N)	Racing Chef
	53	53	53	TSN	Off the Record	SportsCentre	That's Hockey!	30 for 30 (HDTV)	NBA Basketball	Toronto Raptors at Houston Rockets.		
	43	43	43	FAM	Han, Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled!	Han, Montana	Wizards-Place	Ned's School
	44	44	44	TOON	Jimmy Two	Johnny Test	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
	26	26	26	TREE	Guess-Jess	3rd and Bird	Backyardigans	Night Garden	Waybuloo	Max & Ruby	Franklin	Little Bear
	27	27	27	YTV	iCarly	To Be Indie	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	Family Biz (N)
	16	16	16	A&E	The First 48 (HDTV)		Criminal Minds (HDTV)	Intervention "Anthony"		Intervention "Shane" (N)		Hoarders
	70	70	70	APTN	APTN News	Pachamama	Mishkuenita	Shaputuan (N)	Passage John Rae.	Agaguk ★★ (1993, Adventure), Jennifer Tilly		
	50	50	50	BET	106 & Park: BET's Top 10 Live		Lean on Me ★★ (1989, Docudrama)	Morgan Freeman, Robert Guillaume.		Keyshia Cole		
	37	37	37	BRVO	Emily of New Moon		Shumka's Cinderella	Baby Ballroom	Mozart Decoded			Hamlet
family	25	25	25	CMT	UnStable	UnStable	Due South "Siarnan"	Amer. Funniest Home Videos	According-Jim	According-Jim	Pay It Forward	
	49	49	49	COM	Just for Laughs		Air Force	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	Jo Koy: Angry
	153	153	153	COM	W-FIVE		Missing Link Psych.	Video Justice	Dumb Criminal	Trace Evidence-Dr. Henry Lee	Missing Link	
	38	38	38	DISC	Canada's Worst Handyman		Daily Planet (N)	MythBusters	Dirty Jobs (N)			Motor City
	34	48	48	HGTV	Extreme Makeover: Home		House Hunters	Property Virgin	For Rent	Income Prop.	Marriage	My First Place
	46	46	46	HIST	Battle of the Somme		Last Soldier	Greatest Tank Battles	Lost Worlds (HDTV)			Shockwave
	17	17	17	MM	Secret Life of American Teen		Secret Life of American Teen	America's Best Dance Crew	Degrassi: TNG	Degrassi: TNG	Love Court	
	19	19	19	MMM	mmtp10.ca		The Daily Fix	Ranked!	mmtp10.ca			Behind-Music
	201	201	201	M1	(6:45) The Promotion (2008, Comedy)		The Pacific	Sanctuary (HDTV)	Oper. Repo	Oper. Repo	Diary-Call Girl	
	48	23	23	OLN	Mantracker		Ghost Hunters	Destination Truth	Monica: Still	Monica: Still	Seinfeld	
cable	51	51	51	PEACH	Friends	Seinfeld	Family Guy	Family Guy	House-Payne	House-Payne		
	206	206	206	PIX	A River Runs Through It		Sunset Boulevard ★★ (1950, Drama)		Elizabeth ★★ (1998, Historical Drama)			
	67	67	67	RDI	RDI monde	RDI économie	24 Heures en 60 minutes	Grands reportages (SC)	Le Téléjournal (SC)			RDI économie
	39	39	39	SHOW	Trailer Park	Trailer Park	Relic Hunter	Secret Lives (2005, Suspense)	Daphne Zuniga.			Bones
	40	40	40	SLICE	What Happen?	Wedding SOS	Rich Bride Poor Bride	Nearly Dead	Newlywed	Tori & Dean: Home		Love Inc.
	47	47	47	SPACE	Stargate SG-1		Stargate Atlantis (DVS)	Star Trek: Voyager	SS Doornroeper (2006, Science Fiction)			
	14	14	14	SPIKE	CSI: Crime Scene Invstgtn.		UFC Unleashed	CSI: Crime Scene Invstgtn.				Wild World
	98	98	98	STAR	etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)	The View (HDTV) (N)		Dr. Oz Show
	21	21	21	TLC	Say Yes-Dress	Say Yes-Dress	Little Parents, First Baby	Little Parents	Little Parents	Ultimate Cake Off		Cake Boss
	56	34	34	TROP	Carlawood	Prod. Parker	Re-Vamped	Parking Wars	Parking Wars	Filipping Out		Launch/Line
variety	20	20	20	TVS	Que.champion	Journal de Fr2	Les Carnets du bourlingueur	Gardiens des trésors de Corse	L'île de Beauté, c'est la Corse.			Voyageur
	28	28	28	V	Doc		Murder, She Wrote	Eyes Down	Wait for God	Blue Murder		Unscripted (N)
	60	97	97	VIVA	Da Vinci's Inquest		Cold Case	Missing A pop star disappears.	The Closer (Part 2 of 2)			Cold Case
	22	22	22	W	House-Sell	House-Sell	Supernanny	How Clean	How Clean	Love It or List It		Love It-List It
	251	251	251	WGN	WGN Evening News		Two/Half Men	Family Guy	NBA Basketball Atlanta Hawks at Chicago Bulls. (HDTV) (Live)			





Chynna Phillips, of the pop group Wilson Phillips, has checked out of the facility where she was being treated for anxiety, her manager, Lizzie Grubman, tells people.com. **METRO NEWS SERVICES**

## Celebrity Buzz

# Freeing (fierce) Willy

**YEAH, STRANGE THAT PEOPLE THINK A WILD ANIMAL SHOULD BE, YOU KNOW, IN THE WILD.** Hollywood star Matt Damon has thrown his support behind a campaign to close down SeaWorld in Orlando, Fla., after the tragic death of a killer whale trainer at the theme park on Wednesday, femalefirst.co.uk reports.

Dawn Brancheau, 40, was killed by orca Tilikum during a show with the mammal at the city's SeaWorld aquarium.

Animal rights campaigners at the People for the Ethical Treatment of Ani-

mals (Peta) have teamed up with U.S. showbiz veteran Bob Barker to write to SeaWorld owners The Blackstone Group and appeal for the closure of the complex.

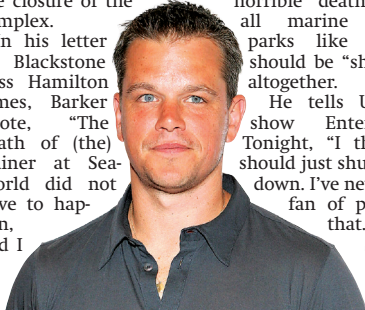
In his letter to Blackstone boss Hamilton James, Barker wrote, "The death of (the) trainer at SeaWorld did not have to happen, and I

must appeal to you to take strong action now so that it never happens again."

Damon has now voiced his shock at the trainer's "horrible" death, insisting all marine mammal parks like SeaWorld should be "shut down" altogether.

He tells U.S. news show Entertainment Tonight, "I think they should just shut them all down. I've never been a fan of places like that."

**METRO NEWS SERVICES**



# Munching on humble pie

**WONDER IF HIS MOUTH ONLY LIKES BANANA CREAM?**

John Mayer is continuing his apology tour after his Play-boy

magazine interview caused such an uproar.

"I hate to come off like an a—hole ever, and thank you guys for believing that I am not an a—hole," he told the crowd at a recent New York concert, according to MTV.com.

"It's a clean me now, people. Clean me."

In the infamous interview,

Mayer repeatedly used racial slurs and compared ex-girlfriend Jessica Simpson to sexual "crack cocaine."

"Never, ever, in my entire life did I ever think that it would be a good idea to be an a—hole," he added.

"But you know what? There's plenty of a—holes who think the same thing, so I have to thank you."

**METRO WORLD NEWS**

# Marie's son Michael commits suicide

**DEPRESSION IS A SERIOUS MENTAL ILLNESS** Michael Bloisil, the 18-year-old adopted son of Marie Osmond, com-

mitted suicide Friday by jumping to his death from his Los Angeles apartment, the performer announced.

"My family and I are devastated and in deep shock by the tragic loss of our dear Michael and ask that everyone respect our priva-

cy during this difficult time," Osmond said in a statement.

Though she was scheduled to perform over the weekend in Las Vegas with brother Donny Osmond, the show was cancelled.

**METRO WORLD NEWS**



## OBITUARY

### "George"

Age 41

It is with deepest regret that we announce the passing of "George," also known as Budgetus Maximus. George passed suddenly on Friday at our test facilities on 1657 Barrington, where he had been staying for several days. Beloved friend of Lab Technicians One, Two and Three, George will be remembered for his natural inquisitiveness and fondness for donuts. He is survived by Uno Channelus, Aeromilius, Hackimus Gigantici and several other Endangered Marketeters.

George rose to power during the mid 90's, where his brilliance in the marketing arena shot him to fame and glory. He battled an inability to adjust to shrinking budgets and a changing media landscape right to the end. For contact information concerning condolences, visit [EndangeredMarketeters.com](http://EndangeredMarketeters.com).



George will be remembered for his natural inquisitiveness and fondness for donuts.

# Lindsay just doesn't know how to quit her

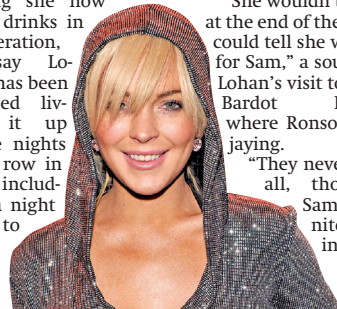
**OR THE BOOZE** After fessing up to her past drinking and drug problems and saying she now only drinks in moderation, Lindsay Lohan has been spotted living it up three nights in a row in L.A., including a night out to see ex-girl-

friend Samantha Ronson, according to People magazine.

"She wouldn't leave, and at the end of the night, you could tell she was waiting for Sam," a source says of Lohan's visit to nightclub Bardot Hollywood, where Ronson was deejaying.

"They never talked at all, though, and Sam was definitely avoiding (her)."

**METRO WORLD NEWS**



# Stay behind the velvet cord

**PARIS DIDN'T WANT THE VIP SECTION IN HER OWN HOUSE TO BECOME TOO CROWDED**

Though her birthday was back on Feb. 17, Paris Hilton kept the celebrations going for nearly 10 days, capping off her birthday week with a massive Studio 54-theme party at her L.A. home Friday, according to E! News.

Guests included boyfriend Doug Reinhardt, sister Nicky Hilton and her boyfriend, David

Katzenberg, Hayden Panettiere, Brandon Davis and Paris' parents.

The former Simple Life star spent most of the night in a designated VIP area.

**METRO WORLD NEWS**



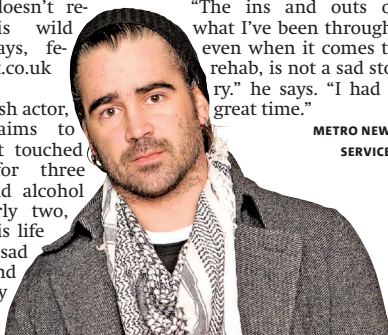
# Drinking is a thing of the past

**SO IS A HEALTHY LIVER** Colin Farrell doesn't regret his wild child days, femalefirst.co.uk reports.

The Irish actor, who claims to have not touched drugs for three years and alcohol for nearly two, insists his life is not a "sad story" and has many great

memories. "The ins and outs of what I've been through, even when it comes to rehab, is not a sad story," he says. "I had a great time."

**METRO NEWS SERVICES**



# Just a little to the left ...

**MIRACLES CAN HAPPEN, RIGHT?** We've heard of "bringing the roof down" at parties, but we're pretty sure it's not a good sign when the roof actually collapses, popeater.ca reports.

A party cele-

brating the Jewish festival of Purim was interrupted Saturday night when ice shattered a glass atrium of Sony Plaza in Manhattan. TMZ reports that celeb guests Chris Noth, Nicole "Snooki" Polizzi and Vinny Guadagnino were not injured.

Just after the alarming accident, Snooki tweeted, "It's okay Vin and I are

still alive ... Omg roof just collapsed at the purim event! We thought the dj was beatin the beat hardcore but nope, the roof couldn't handle snooki and vin ..."

**METRO NEWS SERVICES**



Follow these celebrities on Twitter...

## CelebTweets

**LILY ALLEN** goes about ending a feud with Courtney Love the wrong way, **ELLIOTT YAMIN** reports live from the Chile earthquake, and **NATHAN FILLION** is concerned about your health.

@lilyroseallen i would never fight with her, as a rule i don't pick on crazy old ladies.

@elliottayamin Huge earthquake just now in Chile!....I swear I thought this was the end of my life!!!!

@NathanFillion So many folks have Olympic Fever. I'm just glad it's not Olympic Herpes.



## Gatorade: Is it in you?

**NOT ANY MORE, IT AIN'T** A week after his public apology for cheating on his wife, Tiger Woods was dropped by big-time sponsor Gatorade, according to Golf Digest.

The sports drink company reportedly canceled a five-year, \$100 million contract it had entered into with Woods in 2007.

"We no longer see a role for Tiger in our marketing efforts and have ended our relationship," said a Gatorade statement.

"We wish him all the best."

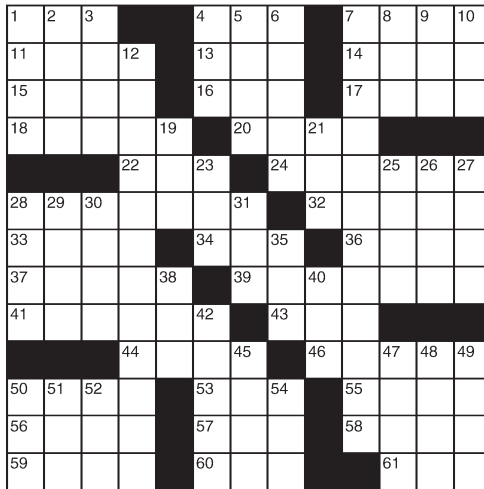
**METRO WORLD NEWS**





For more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)

## Take Five



## ACROSS

1 Attorneys' org.  
4 Faux —  
7 Frizzy hairdo  
11 Old Italian money  
13 Illustrations  
14 Cattle rancher's device  
15 Suitcase  
16 Kids' card game  
17 Frogs' hangout  
18 Rework  
20 Loutish one  
22 Fish eggs  
24 Not tardy  
28 Rocket launcher  
32 Banish  
33 Vicinity  
34 Recede  
36 Persia, now  
37 Alder or hazel  
39 Remark  
41 Island greetings  
43 Bikini half  
44 MasterCard alternative  
46 Wiends a tea-spoon

50 Mary's follower  
53 Paid player  
55 Fix a manuscript  
56 "American —"  
57 Author Fleming  
58 Say it isn't so  
59 Nitwit  
60 Nay undoer  
61 Get older

## DOWN

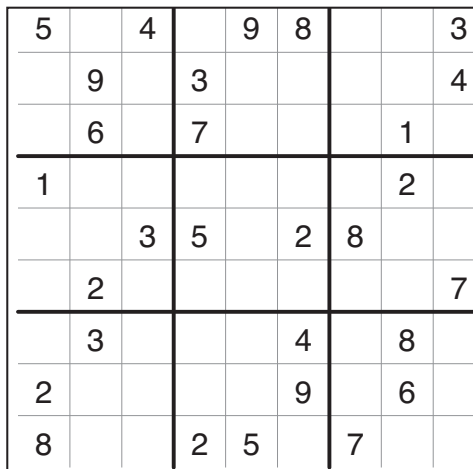
1 Seaweed, e.g.  
2 Shuttlecock  
3 Met melody  
4 Dog's foot  
5 Speedy steed  
6 Razor sharpener  
7 Came close to  
8 To and —  
9 Texas politico  
Paul  
10 Peculiar  
12 Easy to meet or deal with  
19 As well  
21 Raw rock  
23 — out a living  
25 Swampy

terrain  
26 Blueprint  
27 Bivouac shelter  
28 Rum cake  
29 Seed coat  
30 Nil  
31 1970 Jackson 5 hit  
35 Go up and down  
38 Scenery chewer  
40 "— Miniver"  
42 Old photograph color  
45 Picture of health?  
47 Concept  
48 Boxing venue  
49 Eyelid woe  
50 Cover  
51 Commotion  
52 Swabbie's prop  
54 Washington's bill

## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



5	1	7	4	6	9	2	8	3
9	4	6	8	2	3	5	1	7
2	3	8	5	7	1	9	4	6
7	8	9	1	3	2	6	5	4
1	6	2	7	5	4	8	3	9
4	5	3	9	8	6	7	2	1
6	2	1	3	9	5	4	7	8
3	7	5	6	4	8	1	9	2
8	9	4	2	1	7	3	6	5

## On the web

For more games and 60 additional daily cartoon strips, visit [metronews.ca](http://metronews.ca)

## Metro Recipe of the Day



## Ham 'n' Pea Soup

## INGREDIENTS:

2 tbsp (25 mL) olive oil  
1 large onion, chopped  
2 3/4 cups (675 mL) frozen peas  
3 cups (750 mL) chicken stock  
7 oz (200 g) cooked ham, diced  
3 1/2 oz (100 g) reduced-fat soft cheese  
1/2 tsp (2 mL) freshly grated nutmeg

## METHOD:

1. Heat oil in large pot and fry onion gently 5-6 minutes to soften.  
2. Stir in peas and stock, and bring to boil. Reduce heat, cover and simmer 5

minutes. Season lightly.  
3. Put soup in food processor and whiz to fairly rough purée. Add ham and return to pot. Heat until boiling.  
4. Add soft cheese and stir gently until just melted. Ladle soup into bowls and sprinkle with nutmeg. Serve with soda bread or crusty bread.

## SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

## ARIES

MARCH 21-APRIL 20

Dramatic developments will take place in your neck of the woods, but they will leave you untouched. Don't question your good fortune, just enjoy it.

## LIBRA

SEPT 23-OCT 23

You will have to make some difficult decisions over the next few days. Do what has to be done, then put it out of your mind and get on with your life.

## TAURUS

APRIL 21-MAY 21

The pen is mightier than the sword. It will more likely be true if you refuse to get angry when confronted by other people's stupidity and selfishness.

## SCORPIO

OCT 24-NOV 22

There are certain issues that get your pulse racing and your blood boiling and one such issue will set you off today. Be passionate but make allowances too.

## GEMINI

MAY 22-JUNE 21

Something you overhear in casual conversation could lead to a wonderful opportunity today, so keep your ears open.

## SAGITTARIUS

NOV 23-DEC 21

You will create something wonderful over the next seven days. The current cosmic climate is especially good for writing and speaking, so don't be shy.

## CANCER

JUNE 22-JULY 22

You don't have to reveal your deepest feelings to other people but it will certainly pay you to open up a little more than usual.

## CAPRICORN

DEC 22-JAN 20

Focus your energy in one particular direction today. If you try to do more than one thing at a time you will find that you don't actually accomplish very much.

## LEO

JULY 23-AUG 23

We all make mistakes and today's cosmic picture means you must be ruthless with yourself — but in a positive way. Forget about the past.

## AQUARIUS

JAN 21-FEB 18

If you say too much today it could cost you. Certain information must be kept to yourself, at least until you have had a chance to evaluate it.

## VIRGO

AUG 24-SEPT 22

Take control of your life. Refuse to let anyone make decisions for you. You know what you want and you know how to get it.

## PISCES

FEB 19-MARCH 20

Do you approach tasks in a traditional way? The planets suggest that if you try something new you will discover you enjoy upsetting the status quo.

## "I LOVE THIS PAPER"

"This app is a great way to read Metro when on the go" — Real user review

The free Metro Canada application is available on the App Store.

Don't have an iPhone or iPod touch? Visit [m.metronews.ca](http://m.metronews.ca) for news on the move.



## This day in history

1838: Lower Canada Rebellion: Robert Nelson, leader of the Patriotes, proclaimed the independence of Lower Canada.  
1854: The Republican Party of the United States is organized in Ripon, Wis.  
1922: The United Kingdom accepts the independence of Egypt.  
1935: DuPont scientist Wallace Carothers invents nylon.  
1991: The first Gulf War ends.  
1993: Bureau of Alcohol, Tobacco and Firearms agents raid the Branch Davidian church in Waco, Texas with a warrant to arrest the group's leader David Koresh. Four BATF agents and five Davidians die in the initial raid, starting a 51-day standoff.

METRO NEWS SERVICES

## FLIGHT CENTRE Unbeatable

Orlando Family Special, Air + 7 Nights

from **\$299**<sup>o</sup>  
+ taxes & fees \$230

INCLUDES accom near Walt Disney World Resort.  
ADD Walt Disney World Resort 5-day Magic Your Way Base Ticket from \$257 person.

1 866 967 5402 | [flightcentre.ca](http://flightcentre.ca)

Conditions apply. Ex. Halifax. Package price is per person, based on 2 adults and 2 children ages 2-17. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.





INFINITI®

2009

INFINITI G37x

# FINAL CLEAROUT

NOW **\$4,000** OFF  
PLUS FINANCING AT **1.9%**

ONLY 4 LEFT



All Wheel Drive  
Blue Tooth enabled  
MP3/XM Radio  
Intelligent Key System  
3.5L Engine

\*See dealer for details.



**O'REGAN'S**  
DRIVING HIGHER STANDARDS

INFINITI

3461 Kempt Road, Halifax • (902) 455-5800  
contact: Allan Dwyer, Mike Botchett or Doug Botchett  
[adwyer@oregans.com](mailto:adwyer@oregans.com) • [oregansinfiniti.com](http://oregansinfiniti.com)